

## **FREQUENTLY ASKED QUESTIONS**

### **Regulation of the Hypnotherapy Industry FAQ's**

These FAQs have been put together to try to answer the many questions we are often asked about the hypnotherapy industry in the UK and the ICH. If you have any queries or if your question is not answered, please feel free to contact the ICH office and we will be happy to help.

**Q: Is there an official regulator or regulating body for hypnotherapy?**

**A:** Currently, there is no single body, governmental or otherwise, with regulatory control over the hypnotherapy industry or the practice of hypnotherapy in the UK.

However, After the Report of the House of Lords Select Committee on Science and Technology on Complementary and Alternative Medicine ("CAM"), published in November 2000, the government agreed in 2001 that hypnotherapy should be subject to voluntary professional self-regulation. Since then, there have been a number of groups working towards creating a VSR process.

Currently, the two main groups working towards this aim are:-

i) UKCHO and (ii) The Working Group for Hypnotherapy Regulation. Although these two groups are no doubt working to seek the same outcome (ie VSR), they are not yet working together and neither has been officially appointed.

**Q: Do I need a licence to practice as a hypnotherapist in the UK?**

**A:** No. Other than the VSR process described above, there is no current (or planned) requirement for you to be "licensed" to work as a hypnotherapist in the UK.

Please note, however, that if you intend to work in any country other than the UK, you should check that particular country's requirements as each country and/or state may have different training and/or licensing requirements.

**Q: Do I have to be registered with a society, college, council, association etc to practice as a hypnotherapist?**

**A:** No – there is currently no requirement for this although this may, of course change as and when the regulation position of the hypnotherapy profession is crystallised.

**Q: Is there one official register on which all UK hypnotherapists should be registered?**

**A:** No. There is no doubt that this is likely to be the case at some point in the future but, to date, there is no single official register for hypnotherapists.

There are a number of registers which practising hypnotherapists may join with each register setting its own standards, requirements and code of ethics. Each of the two main “working groups” involved in the VSR process – UKCHO and The Working Group for Hypnotherapy Regulation – now have their own “national” register, both of which can be accessed by members of the public so that they can check whether a particular hypnotherapist is on the “national” register. Details of each are:

UKCHO: National Register of Hypnotherapists, available online at [www.ukcho.co.uk](http://www.ukcho.co.uk)

The Working Group for Hypnotherapy Regulation: The National Regulatory Register for Hypnotherapy, available online at [www.hypnotherapyregulation.co.uk](http://www.hypnotherapyregulation.co.uk) (click on “The Register”)

While inclusion on this does mean that the individual has been trained to a specified minimum standard and abides by a set code of conduct, ethics and practice, there is still no regulatory requirement to be included on any single register and many qualified and practising hypnotherapists may choose to be listed on registers of other professional organisations.

**Q: What is the Department of Health's and/or the National Health Service's position on hypnotherapy?**

**A:** The benefits of hypnotherapy as a means of quickly and efficiently resolving a wide range of clinical issues is recognised throughout the NHS and the majority, if not all, of Primary Care Trusts have an Alternative Therapies Unit which often includes hypnotherapists.

In addition, the NHS now has a Directory of Complementary and Alternative Practitioners which is run in partnership with "Complementary alternatives", an online magazine focussed on healthy living. The NHS Trusts Association is making this database of complementary therapists available to the public (see [www.complementaryalternatives.com](http://www.complementaryalternatives.com)).

It is understood that the government is keen for hypnotherapists to meet the same standards as other NHS treatments as well as being realistic and clear about the contributions it can make. Again, regulation is needed in order to meet these requirements.

**Q. Where can I get additional information?**

**A. Accreditation**

The Hypnotherapy Society: [www.hypnotherapysociety.com](http://www.hypnotherapysociety.com)

The General Hypnotherapy Register:

[www.general-hypnotherapy-register.com](http://www.general-hypnotherapy-register.com)

The General Hypnotherapy Standards Council: [www.ghsc.com](http://www.ghsc.com)

**Regulation**

UKCHO: [www.ukcho.co.uk](http://www.ukcho.co.uk)

The Working Group for Hypnotherapy Regulation:

[www.hypnotherapyregulation.co.uk](http://www.hypnotherapyregulation.co.uk)

## **HYPNOTHERAPY TRAINING FAQ's**

These FAQs – all about Hypnotherapy Training – have been put together to try to answer the many questions we are often asked before individuals decide with which training college to enrol. The FAQs are split into two sections – General and ICH-specific.

When answering the FAQs, we have tried to be as factual as possible and particularly with the responses to the General FAQs, we have tried to be as impartial as possible. This is so that you have as much information as we can give you to decide what would best suit your individual requirements.

Whilst we have tried to answer as many of the questions we are frequently asked, if your question is not answered below, please feel free to contact the ICH office and we will be happy to help.

### **GENERAL FAQ's**

**Q: Is hypnotherapy training suitable for everyone?**

**A:** As hypnotherapy is a practical subject, no previous formal academic qualification is required. You will generally be expected to have a real interest in the subject and an enthusiasm for learning. You will also be expected you to “read round your subject” and do whatever research is necessary for any homework assignments. Depending on the examination requirements of the course you choose, you will be expected to revise and/or prepare as you feel is necessary for the appropriate examination.

**Q: I just want to find out more about hypnotherapy – do I really need to do a course?**

**A:** If, at this stage, you simply want to find out more about hypnosis and hypnotherapy, you don't need to enrol on a course. There are many books available which will give you lots of information. If, however, you want a career as a hypnotherapist, or wish to study it for personal improvement or interest, you would be well advised to attend a course to learn the skills you will need.

**Q: English is not my first language – will this matter?**

**A:** It is generally not a problem provided you are confident that you will be able to listen to a lecture in English, participate fully in group discussions and write homework assignments and case studies, as well as completing any examination.

**Q: Do you offer correspondence/distance learning courses?**

**A:** The ICH does not offer correspondence/distance learning. The potential problem with distance learning is that you will be learning on your own so will not have the benefit of discussing cases and/or issues directly with either a lecturer or your fellow students as and when they arise. Also, you may find difficulty in getting sufficient practice. Currently, the major professional associations in the UK do not recognise distance learning and you will not be able to register as a therapist with them until you can prove that you have been in professional practise for some time. As it currently stands, you will be able to practise legally in the UK but this may, of course, change as and when regulation is introduced. Other parts of the world are subject to different rules and regulation and you should check specifically about any country other than the UK in which you wish to work.

**Q: Do you offer one-to-one tuition?**

**A:** The Principle of the ICH, Nicola Martin, provides a one-to-one training service. See the [One-to-One](#) page on our website for more details.

**Q: Once I am qualified, will I be able to work as a hypnotherapist anywhere in the world?**

**A:** As mentioned above, if you wish to work in any country other than the UK, you should check what is specifically required in that country as all countries appear to have different rules and regulations about what is required to practise as a hypnotherapist.

**Q: Will I require professional indemnity insurance?**

**A:** You will need to arrange your own professional indemnity insurance once you have qualified as a hypnotherapist. As an ICH student you are covered by our own insurance when you are practising on friends and colleagues (but not if you are charging for your services).

**Q: I don't have a medical background – is that likely to be a problem?**

**A:** No. While some students do have a medical background or are already professional therapists in other disciplines, our experience is that this is not the norm and most students will have had no previous medical training in any respect. On past ICH courses we have taught lawyers, accountants, actors, writers, personal assistants, musicians, printers, cab drivers, mothers returning to work, IT consultants and individuals nearing retirement. We believe that anyone with an interest both in themselves and others will be able to train go become a hypnotherapist.

### ICH-SPEFIC FAQs

**Q: How long has the ICH been providing training in clinical hypnotherapy?**

**A:** The ICH was founded in 1994 and has been providing the highest quality of practical and academic tuition since 1995.

**Q: Who owns the ICH?**

**A:** The ICH is wholly-owned by the Principal, Nicola Martin.

**Q: Is the ICH a limited company and/or VAT registered?**

**A:** “ICH” is the trading name of Clinical Hypnosis Limited, which is a limited company and is registered with Companies House under number 2979586. It is also VAT registered under number 696511309.

**Q: What are the qualifications of the lecturers? Are they practising hypnotherapists themselves?**

**A:** All of the lecturers are qualified hypnotherapists except for Dr Anna Brocklebank who is the legal and medical adviser to the ICH and who does not lecture on hypnotherapy.

**Q: When does the training generally take place and what are the timings?**

**A:** The training normally takes place on weekends (normally Saturday and Sunday). This is because most participants are already in employment so would find it difficult to attend week-day courses. Each training day starts promptly at 10am and finishes by 5pm.

Lecturers are usually available for informal consultations and advice from 9.30am. There are two short breaks during the day of approximately 30 minutes each and lunch is normally taken between 1.00-2.15pm. However, the timings of the breaks may vary and are at the discretion of the individual lecturer on each training weekend. Details of the current and next available course dates are set out under “Course Dates” later in this document.

**Q: Do you provide any week-day courses?**

**A:** The ICH does occasionally hold week-long, intensive Foundation Courses, either when demand for the next weekend Foundation Course exceeds the number of places available or as and when sufficient interest is registered. If you would like to register your interest for a possible future week-long Foundation Course, please contact the ICH office. The ICH currently operates its Professional Courses and all of the Masterclasses at weekends.

**Q: How long are the courses?**

**A:** The Foundation Course lasts for six days and is spread over three weekends at two weekly intervals. Two Foundation Courses are normally held each year, starting either in late February/early March or late September/early October.

The Professional Course is spread over eight weekends at monthly intervals. Two Professional Courses are normally held each year, with the dates following on from the previous Foundation Course.

The length of the ICH Masterclasses currently ranges from 1 – 4 days.

**Q: What qualifications will the courses give me?**

**A:** Following completion of the Foundation Course, a **Certificate of Attendance** is awarded but this does not confer any qualifications or enable you to practise as a hypnotherapist. In order to do this, students need to continue their studies on to the Professional Course. Each Professional Course is followed by one full day of examinations. The Diploma Examination consists of one 3-hour written paper (three essays and a Multiple Choice Questionnaire), a practical examination and a short, written “Definitions Paper”. Students who pass the Diploma Examination (and complete the necessary homework assignments and case studies) are awarded a Diploma and are entitled to use the designation “**DCH**” (**Diploma in Clinical Hypnosis**) as well as being invited to join The Association of the Institute of Clinical Hypnosis (AICH).

Students who have obtained the DCH Diploma are entitled to attend any of the ICH Masterclasses and may study for the “**DHP**” (**Diploma in Hypnotherapy and Psychotherapy**).

Once they have obtained the DHP, they may study to become a **Master Clinical Hypnotherapist** or “**MCH**”.

**Q: How much does it cost to attend an ICH course?**

**A:** Please refer to Course Fees pages of this document for full details of the cost of attending the Foundation and Professional Courses.

Details of the cost of the ICH Masterclasses can be found under "Masterclasses". Please note that, for the convenience of students, the payment of tuition fees is staggered for the Foundation and Professional Courses; details of the payments and when they become due are also on the "Course Fees" page.

**Q: Do you have a premises/office I can visit?**

**A:** We have a small administrative office based in Balham, South West London from which Nicola and her support staff work. If a meeting is required, please ring to make an appointment first.

**Q: Is there someone in the office I can talk to?**

**A:** Because the ICH runs a very busy office, phones are often engaged so it is normally easier to email [info@ichypnosis.com](mailto:info@ichypnosis.com) asking for someone to contact you. Alternatively you can leave a message on voice-mail. Please note that the ICH office normally closes for two weeks at Christmas, one week at Easter and between 3-4 weeks in August. During this time there is a skeleton staff so our response to calls/emails may take a little longer.

**Q: Can I come and see a class before I decide to enrol?**

**A:** Yes, this is possible but please contact the ICH office to make an appointment as there are some weekends which are more appropriate than others. Please note that the ICH reserves the right to refuse access to any non-student who comes to see a class in progress but who does not make an appointment first.

**Q: Is the ICH “accredited” or “approved”? If so, by whom?**

**A:** ICH courses are currently approved by The Hypnotherapy Society ([www.hypnotherapysociety.com](http://www.hypnotherapysociety.com)) and accredited by The General Hypnotherapy Register ([www.general-hypnotherapy-register.com](http://www.general-hypnotherapy-register.com)). Our Professional Course has been assessed and validated at Practitioner level by the General Hypnotherapy Standards Council.

The ICH is also an Associate Member Organisation of UKCHO (UK Confederation of Hypnotherapy Organisations), one of the umbrella bodies for the profession as well as being recognised in respect of Career Development Loans by the Learning and Skills Council.

**Q: How many students will there be in each class?**

**A:** As a very general guideline, each Foundation Course normally has between 40-50 students, each Professional Course has between 30-40 students and each Masterclass has approximately 20 students. However, these numbers can and do vary considerably. We have found this number of students to be very workable and we always provide sufficient staff to answer all queries and to assist students as necessary. As our students often have very varied backgrounds and careers, we feel that this number allows everyone to find someone of “like mind” on the course and our experience is that many students will go on to make some very good friends as well as receiving high quality and thorough training.

**Q: Do you have any “helpers” in the class other than the lecturer?**

**A:** As mentioned above, we provide assistants for all of our Foundation and Professional Courses and some of our Masterclasses, the number of assistants being dependent on the number of enrolled students. Normally, these assistants will be qualified hypnotherapists themselves (often ex-students) so will be able to answer all questions as they arise and provide students with all the assistance they might need. They will also collect payments when necessary and handle any other administrative issues if they arise.

**Q: Will I be set homework assignments throughout the course?**

**A:** Yes but not until the Professional Course! You will be asked to complete four set assignments and write up six case studies. It is a requirement that all four homework assignments and six case studies are completed and, even if the Diploma Examination has been passed, the Diploma in Clinical Hypnosis (“DCH”) will not be awarded until this requirement has been satisfactorily met.

**Q: What happens if I cannot attend and/or am ill for one of the weekends, either on the Foundation or Professional Course?**

**A:** We understand that this does happen occasionally, for various reasons. We always ask the student to catch up on the weekend missed, either by seeing their supervisor or making an appointment to come to the office to see the Principal (there is a small charge for both). Students who have missed one of the Professional Course weekends can also attend, free of charge, the missed weekend the next time it runs.

**Q: Will you recommend additional reading material?**

**A:** Yes – a recommended reading list will be handed out during the second weekend of the Foundation Course. The ICH is very fortunate in that one of its lecturers runs a very successful hypnosis bookshop and she often attends the Foundation and Professional Course weekends so is available for advice on appropriate books. If a book is not available on that weekend, it is possible for an order to be placed during the weekend. A 10% discount is available to all ICH students.

**Q: Where are your courses run?**

**A:** The Foundation and Professional Courses take place at King’s College, The Strand, London, WC2. The ICH Masterclasses either take place at King’s College or The Civil Service Club, 13-15 Great Scotland Yard, London, SW1. Very occasionally, it is necessary for us to use a different building within the Kings College complex but, if this happens, you will be notified in advance.

**Q: If my class takes place at King's College, will this denote some sort of link to or accreditation by King's College?**

**A:** No, it does not. The ICH hires the facilities from King's College because it has been found to be a useful, central location but the ICH wishes to be clear that there is absolutely no link, academically or otherwise, to the university. Students and graduates must be careful not to mislead anyone to think that this is the case.

**Q: Will I receive certificates after I complete a course?**

**A:** Yes. A Certificate of Attendance will be issued after completion of the Foundation Course and, assuming the Diploma Examination is passed and homework assignments and case studies submitted, a DCH certificate will be issued after the Professional Course. Once a student has completed the necessary number of training days to qualify for the DHP and MCH, certificates will be issued. In addition, after completion of any ICH Masterclass, a letter confirming the number of hours of completed training will be issued as students may need to present these to their accrediting bodies as proof of completed training.

**Q: Can I enrol straight on to the ICH's Professional Course without attending the Foundation Course?**

**A:** Generally, no. For anyone who has no clinical hypnotherapy training, it is imperative that the Foundation Course is completed before the Professional Course is taken. However, if some clinical hypnotherapy training has already been undertaken, it may be possible to join the Professional Course directly but the individual will need to demonstrate, during an interview with the Principal, that they have the requisite level of knowledge, skill and/or experience. A charge will be made for this interview but this will include all the materials provided during the Foundation Course. In the event that it is decided that the individual needs to attend the Foundation Course, the cost of attending the interview will be deducted from the cost of the Foundation Course. Please contact the ICH office to discuss this further if you think you have already had sufficient training elsewhere so as to be able to join the Professional Course directly.

**Q: Do you provide supervision? If so, who will be my supervisor?**

**A:** Yes, supervision is provided once the Professional Course has started. Supervision is a mentoring arrangement designed to help students run a professional practice and applies to all students undertaking professional training and is in keeping with industry standards. A supervisor (who will be a qualified, practising hypnotherapist) is allocated to each student during the first weekend of the Professional Course. Wherever possible, this is done on a geographical basis so that the student and supervisor are relatively closely located.

**Q: What does it take to “graduate” from the ICH?**

**A:** The most important qualities required to graduate from the ICH are a real interest in the subject and an enthusiasm for learning. As hypnotherapy is a practical subject, no previous formal academic qualifications are required for those wishing to embark on clinical hypnotherapy training. You will be expected to “read round your subject” and do whatever research is necessary for the homework assignments. You will also be expected to revise and/or prepare as you feel is appropriate for your Diploma Examination at the end of the Professional Course.

If English is not your first language, you will need to be confident that you will be able to listen to a lecture in English, participate fully in group discussions and write homework assignments and case studies, as well as completing the Diploma Examination.

**Q: Once I have graduated, will I receive any additional support from the ICH?**

**A:** Yes. Two of the ICH “promises” to its students, past, present and future, are (i) to provide continuous support, advice and supervision on clinical and therapeutic matters in the field of hypnosis; and (ii) to make available continuation training on new developments in the field of clinical hypnotherapy. In general, the ongoing support and advice

would normally be provided by your supervisor with whom you should have built a good rapport after working together on the Professional Course. The ICH encourages all students to participate in the programme of specialist Masterclasses so as to extend and improve their knowledge and experience. This is called Continuing Professional Development (CPD) and is a requirement for many professional organisations. Evidence of attendance will be provided. In addition, should any graduate wish to attend any of the Professional Course weekends again at any time in the future, they may do so (free of charge) although the ICH office should be contacted first to make the necessary arrangements.

**Q: I am dyslexic so may struggle with any written work – will you be able to help me?**

**A:** The ICH has had a number of dyslexic students over the years and, although it has sometimes taken them longer to submit homework assignments and case studies, it does not appear to have hindered their training and they have gone on to be successful hypnotherapists. Poor spelling is accepted in the Diploma examination as long as it has been previously agreed with the ICH.

**Q: Can the ICH organise hotel accommodation for me if I do not live in London?**

**A:** The ICH does not get involved in organising either hotel accommodation or travel arrangements for its students as the vast majority have no need of this service. However, a number of students in the past have either lived outside London or overseas and have used hotels so we are happy to suggest possible hotels or websites that might be helpful and enable you to make these arrangements yourself.

*The information contained in these pages is believed by the ICH to be correct and up-to-date but please bear in mind that the situation with regard to regulation of the hypnotherapy industry is subject to change*

January 2009

### Hypnotherapy Course Dates

The ICH normally holds two Foundation Courses per year, usually starting in late February/early March and late September/early October.

The next Foundation Course now starts on 28<sup>th</sup> February 2009. The Professional Course dates follow on from there.

The ICH does occasionally hold week-long, intensive Foundation Courses, either when demand for the next weekend Foundation Course exceeds the number of places available or as and when sufficient interest is registered. If you would like to register your interest for a possible future week-long Foundation Course, please contact the ICH office.

If you have any queries regarding the course dates, please contact the ICH.

<b>Foundation Courses</b>			
	<b>2008</b>	<b>2009</b>	<b>2009</b>
Weekend One:	27 <sup>th</sup> /28 <sup>th</sup> February	28 <sup>th</sup> February/1 <sup>st</sup> March	3 <sup>rd</sup> /4 <sup>th</sup> October
Weekend Two:	11 <sup>th</sup> /12 <sup>th</sup> October	14 <sup>th</sup> /15 <sup>th</sup> March	17 <sup>th</sup> /18 <sup>th</sup> October
Weekend Three:	25 <sup>th</sup> /26 <sup>th</sup> October	28 <sup>th</sup> /29 <sup>th</sup> March	31 <sup>st</sup> October/1 <sup>st</sup> November

<b>Professional Course</b>			
	<b>2008/2009</b>	<b>2009</b>	<b>2009/2010</b>
Weekend One:	22nd/23rd November	18th/19th April	21st/22nd November
Weekend Two:	13th/14th December	16th/17th May	12th/13th December
Weekend Three:	10th/11th January	13th/14th June	TBC
Weekend Four:	7th/8th February	11th/12th July	TBC
Weekend Five:	7th/8th March	1st/2nd August	TBC
Weekend Six:	4th/5th April	5th/6th September	TBC
Weekend Seven:	2nd/3rd May	26th/27th September	TBC
Weekend Eight:	30th/31st May	24th/25th October	TBC
Diploma Examination	27th June	28th November	TBC

Dates shaded in grey have now passed and are listed for current students' reference only

### Course Fees

The course fees, which are inclusive of VAT, cover all tuition, course documentation, professional indemnity insurance (whilst under ICH tutelage, providing that you are not charging for your services).

#### **Foundation Course**

Tuition fees:  
£670 (inc VAT @ 15%)

#### **Professional Course**

Tuition fees:  
£1,770 (inc VAT @ 15%)  
Diploma Examination fee:  
£170

For the convenience of students, the payment of tuition fees is staggered, with the amounts becoming due as follows:

#### **Foundation Course**

Registration deposit:  
£170  
On Weekend One:  
£500

#### **Professional Course**

Registration deposit:  
£170  
On Weekend One:  
£500  
On Weekend Three:  
£550  
On Weekend Five:  
£550

Each training day starts promptly at 10am and finishes by 5pm. Lecturers are usually available from 9.30am for informal consultations and advice and you are, in any event, encouraged to arrive in good time so that lectures can begin on schedule.

There are two short breaks during the day of approximately 30 minutes each and lunch is normally taken between 1.00 - 2.15pm. However, these timings are at the discretion of the individual lecturer on each training weekend.

## Cancellation/Refund policy

Cancellations will be accepted, and registration deposits refunded, up to 21 days prior to the start of the course for which you have enrolled. Alternatively, deposits can be carried forward to a future course, if you wish.

Once you have commenced training with the ICH, you will become liable for the instalment amounts, as set out above and these payments must be made on the date requested by the ICH. Any other payment arrangement will be by negotiation with the ICH.

If you decide to withdraw from a course (for whatever reason) after you have paid one or more of the instalments but before you have completed the course, you will not be entitled to a refund of the fees already paid. For example, if you were to withdraw from the Professional Course before Weekend Four (having already paid £1,020), you would not be entitled to a refund of these monies but you would not be required to pay the remaining £450. You would normally be permitted to rejoin another Professional Course at a later date but this is subject to discussion with the ICH. Our experience is that it is unusual for students to withdraw from courses once they have commenced their training. However, our refund policy is stated here for the sake of clarity.

## Masterclasses

Masterclasses are normally only open to graduates of the ICH but if you wish to apply for a Masterclass and you are not an ICH graduate, please contact the ICH to discuss the skills and experience you have already obtained elsewhere.

By attending ICH Masterclasses, you can study (and therefore accrue credit) for the additional ICH qualifications of the DHP (Diploma in Hypnotherapy and Psychotherapy) and the MCH (Master Clinical Hypnotherapist).

We are delighted to introduce two new Masterclasses to the 2009 schedule. The first – How to Build Your Practice, led by Sue Turner, will be a really practical day and should be particularly suitable for those who are in the process of setting up their own practice or want to expand their existing business. Please note, however, that as this Masterclass does not include any therapeutic training, it cannot count as a credit towards your DHP or MCH qualifications. The second new Masterclass – Mindfulness – led by Henry Whitfield BA MSc, will be an introduction to Mindfulness-based Cognitive Behavioural Therapies and will comprise teaching techniques which should enable you to enhance your practice immediately.

Name	Duration, Dates & Venue	Lecturer	Cost
<a href="#"><u>Deep States Training</u></a>	2 weekend modules (12 <sup>th</sup> /13 <sup>th</sup> and 26 <sup>th</sup> /27 <sup>th</sup> September 2009)  King's College	Nicola Martin	£400
<a href="#"><u>Emotional Freedom Techniques</u></a>	3 day modules (8th March and 25 <sup>th</sup> /26 <sup>th</sup> April 2009)  King's College	Deborah Bromley	£300
<a href="#"><u>Introduction to Eye Movement Therapies</u></a>	1 weekend module (9 <sup>th</sup> /10 <sup>th</sup> May 2009)  The Civil Service Club	Patrick Browning	£200



<p><u>How to Build Your Practice</u></p> <p><u>**New for 2009**</u></p>	<p>1 day module (14<sup>th</sup> March 2009)</p> <p>King's College</p>	<p>Sue Turner</p>	<p>£100</p>
<p><u>Hypnotic Language</u></p>	<p>2 day modules (14<sup>th</sup> and 28<sup>th</sup> February 2009)</p> <p>The Civil Service Club</p>	<p>Patrick Browning</p>	<p>£200</p>
<p><u>Life Coaching</u></p>	<p>1 day module (15<sup>th</sup> November 2009 )</p> <p>The Civil Service Club</p>	<p>Nicola Martin</p>	<p>£100</p>
<p><u>Mindfulness</u></p> <p><u>**New for 2009**</u></p>	<p>1 day module (14<sup>th</sup> November 2009)</p> <p>The Civil Service Club</p>	<p>Henry Whitfield</p>	<p>£100</p>
<p><u>Pain Management (and Natural Childbirth using Hypnosis)</u></p>	<p>1 day module (7<sup>th</sup> March 2009)</p> <p>King's College</p>	<p>Deborah Bromley</p>	<p>£100</p>
<p><u>Regression Therapy</u></p>	<p>1 weekend module (28<sup>th</sup>/29<sup>th</sup> March 2009)</p> <p>The Civil Service Club</p>	<p>Bernadette Jaye</p>	<p>£200</p>



<u>Relationships</u>	1 day module (18 <sup>th</sup> July 2009)	Bernadette Jaye	£100
<u>Weight Management</u>	1 weekend module (31 <sup>st</sup> January/1 <sup>st</sup> February 2009)  The Civil Service Club	Deborah Bromley	£200

If you have any queries at all regarding any of the ICH Masterclasses, please contact the ICH office.