



# PTSD

Post Traumatic Stress Disorder (PTSD) and Psychological Trauma have often been reported upon in the popular media in connection with our involvement in overseas conflicts, thus earning it the label of "The Soldiers Illness". Furthermore, due to the nature of its sometimes delayed presentation it can also be known as "The Unseen Illness". In truth, service men and women are less likely to succumb to PTSD than many other professions – it is merely the fact that the Armed Services have the highest concentration of cases that makes it seem more prevalent in this arena. PTSD can present subsequent to a number of events, from road traffic accidents or the diagnosis of a life threatening illness to terrorist incidents and natural disasters.

This one day course will be led by **John Hutchings** DCH DHP MCH. John is now a full time hypnotherapist after serving a full 23½ year career in the British Army. John uses his own military and personal experiences on the course, thus giving it a military flavour but always mindful that it is not only a soldier's illness.

All areas of PTSD & Psychological Trauma will be covered including its history, definitions and the little known current Government/MOD strategy for tackling the issue. Attendees will come away with a greater understanding of the physiology and neurology of PTSD. They will also be advised of the techniques which can be utilised and, most importantly, the confidence to be able to assist any client presenting with this issue.

### Date and Venue

28<sup>th</sup> April 2012  
Central London venue to be confirmed

### Cost

£110, split between a £35 registration deposit and £75 on 28<sup>th</sup> April 2012

*Please note that, in order for training days to accrue towards your DHP and/or MCH (as applicable), you will need to attend the entire course. Please also note our 21-day cancellation policy, under which cancellations will be accepted (and deposits refunded) up to 21 days prior to the start of this course.*

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## ENROLMENT FORM (PTSD – 28.4.12)

Please send to: The Institute of Clinical Hypnosis, 28 Tantallon Road, LONDON, SW12 8DG

Surname:		First Name:		Title:	
Address:					
Post code:		(Tel Day)		(Tel Mob)	
E-mail address:					

**Payment method** – please tick and complete either Section 1 or Section 2 below:

- 1  I enclose a cheque, payable to ICH, for £.....; **or**
- 2  I wish to pay by debit/credit card<sup>(Note 1)</sup> and my details are as follows:

Card type:				Card issuer (eg HSBC):											
Card number:															
Your name and initials (as they appear on your card):															
Start date:								Expiry date:							
Security No <sup>(Note 2)</sup> :								Issue number (if applicable):							

SIGNATURE: ..... DATE: .....

1 Please note that a surcharge of 2.65% is payable on all credit cards. There is no additional charge if you pay by debit card. We accept Mastercard, Visa, Visa Debit, Visa Electron, Maestro and Solo. A receipt will be sent to you by post if you pay by debit/credit card.

2 This will be the last 3 or 4 numbers on the reverse of your card, on the signature strip.